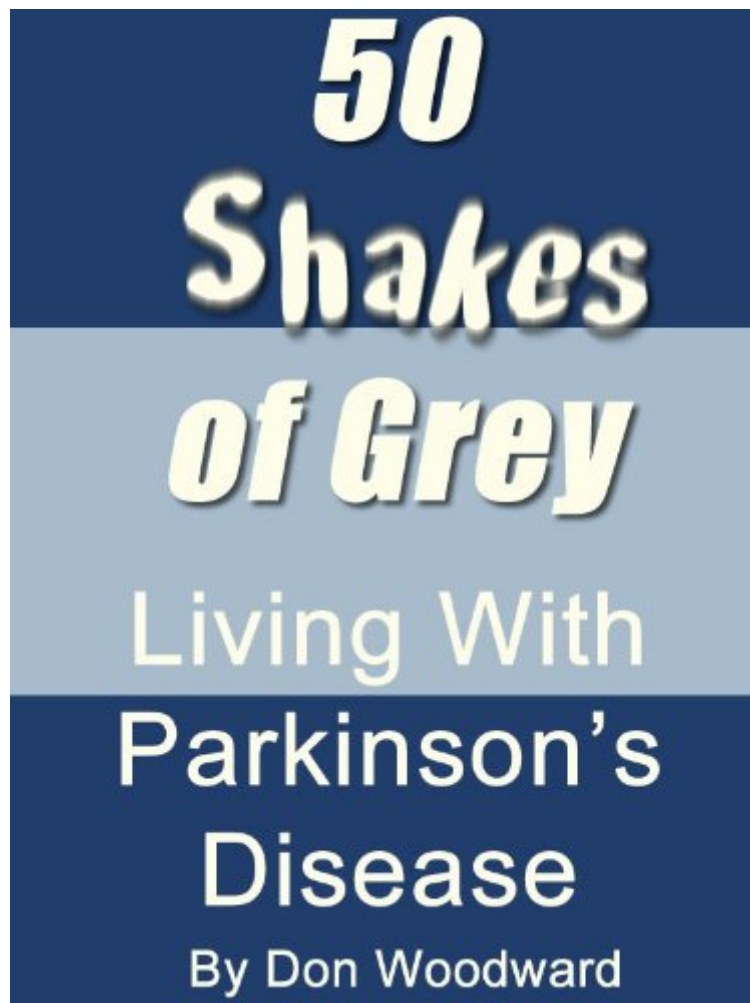




The book was found

50 Shakes Of Grey - Living With Parkinson's Disease



Synopsis

Do you or someone you know suffer from Parkinson's Disease? If so, you will know the devastating effects it can have on yourself and your loved ones. Don Woodward has lived with the disease for more than twenty six years. In this informative and entertaining book he provides insights and advice for all those affected by Parkinson's:- ways to minimize the impact on yourself and your family;- how to deal with the emotional consequences of living long term with the disease;- the current state of research and the outlook for the future and much more. The combination of practical advice and humorous stories in this book will both entertain and inspire you to realize that Parkinson's need not mean the end of living a full and satisfying life.

Book Information

File Size: 126 KB

Print Length: 41 pages

Publication Date: February 18, 2013

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00A21BHIQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #551,567 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #80

in Kindle Store > Health, Fitness & Dieting > Diseases & Physical Ailments > Parkinson's Disease

#577 in Kindle Store > Kindle eBooks > Medical eBooks > Diseases #858 in Kindle Store

> Kindle Short Reads > One hour (33-43 pages) > Health, Fitness & Dieting

Customer Reviews

I enjoyed this book. It was interesting to hear from someone in another country and recognize the universality of symptoms and problems associated with the disease. The author explains things his own way and is careful to differentiate between his opinion and medical opinions. I found the exercise portion of the book to be very practical and useful.

Very excellent book with good pieces of personal advice from the horse's mouth of one who has lived with Parkinson's. I recommend it. It has helpful exercises at the end, also.

lots of useful information for nouveaux PD sufferers on aspects of life probably not previously considered as requiring a planned approach

Very general even though the name was cute.

The exercises he recommends are easy enough for any to understand. I have incorporated a lot of his recommendations into my day and I feel that this has helped me. Love his attitude. This was a quick read.

I am always looking for any information on Parkinson's. Since the disease effects everyone differently, it is important to me to gain as much knowledge as possible. The autho

[Download to continue reading...](#)

50 Shakes of Grey - Living With Parkinson's Disease Grey: Fifty Shades of Grey as Told by Christian (Fifty Shades of Grey Series) Everything You Need to Know About Caregiving for Parkinson's Disease (Everything You Need to Know About Parkinson's Disease) (Volume 2) A Parkinson's Primer: An Indispensable Guide to Parkinson's Disease for Patients and Their Families The Muhammad Ali Parkinson Center 100 Questions & Answers About Parkinson Disease (100 Questions & Answers) Parkinson's Humor - Funny Stories about My Life with Parkinson's Disease Cook Well, Stay Well with Parkinson's Disease - Super Foods for Super People with Parkinson's Grey: Fifty Shades of Grey as Told by Christian African Grey Calendar - African Grey Parrot Calendar - Parrot Calendar - Calendars 2016 - 2017 Wall Calendars - Bird Calendars - Monthly Wall Calendar by Avonside Deanna Raybourn Lady Julia Grey Volume 2: Dark Road to Darjeeling\The Dark Enquiry\Silent Night bonus story (A Lady Julia Grey Mystery) Living Well with Parkinson's Disease: What Your Doctor Doesn't Tell You....That You Need to Know (Living Well (Collins)) Living Well, Running Hard: Lessons Learned from Living with Parkinson's Disease Gum Disease Cure (Gum Disease Cure, Periodontal Disease, Gum Disease, Gum Infection, Gingivitis treatment, Tooth Decay) The Gum Disease Cure: How I cured Periodontal Disease in 2 months (Gum Disease Periodontal Disease Periodontitis Receding Gums) Kidney Disease: for beginners - What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101) Delay the Disease -Exercise and

Parkinson's Disease (Book) The Stranger Comes at Sundown: Living and Dying with Parkinson's Disease Living With Parkinson's Disease: How to Make the Best of It Essential Kidney Disease Cookbook: 130 Delicious, Kidney-Friendly Meals To Manage Your Kidney Disease (CKD) (The Kidney Diet & Kidney Disease Cookbook Series) The Ultimate Guide to Crohn's Disease and Ulcerative Colitis: How To Cure Crohn's Disease and Colitis Through Diet and Exercise (Health, IBD, Irritable Bowel Syndrome, Colitis, Crohn's Disease)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)